

## 4th Annual Summit Schedule

Friday, October 12, 2018

| Time            | Athletes (T2T ONLY)   | Coaches   | Officials   | Club Executives | Parents |
|-----------------|---|---|---|-----------------|---------|
| 4:00pm - 7:00pm | Registration  |   |   |                 |         |
| 6:00pm - 7:30pm | <b>T2T Fortius Screening (12:00-8:00pm)</b><br>Fortius Integrated Sport Team<br>(Gym 1)<br><br><b>T2T athletes will receive a separate screening schedule</b> | <b>Let's Talk: The Good, Bad &amp; Ugly</b><br>Tanya Magee<br>(Calgary A) | <b>Building a Positive Community</b><br>Robyn Guidon<br>(Calgary B) |                 |         |
| 7:45pm - 8:30pm |   | <b>Technical Package Review</b><br>Tanya Magee<br>(Calgary A & B)         |   |                 |         |

Saturday, October 13, 2018

| Time              | Athletes (12 & u)  | Athletes (13 & o)   | Coaches   | Officials  | Club Executives  | Parents  |
|-------------------|--|---|---|--|--|--|
| 7:30am - 10:00am  | Registration   |   |   |  |  |  |
| 8:00am - 9:00am   | <b>Turbo-Charge Your Summit</b><br>Vancouver Theatre Sports<br>(Gym 1)   |   |   |  |  |  |
| 9:00am - 9:15am   | Health Break   |   |   |  |  |  |
| 9:15am - 10:30am  | <b>Land Skills &amp; Open Forum</b><br>Jacqueline Simoneau<br>(Gym 1)  | <b>Let's Talk: The Good, Bad &amp; Ugly</b><br>Tanya Magee<br>(Gym 2) |   | <b>Respect in Sport</b><br>Wayne McNeil<br>(Forum)           |  |  |
| 10:35am - 11:05am | <b>Let's Talk: The Good Bad &amp; Ugly</b><br>Tanya Magee<br>(Gym 2)   | <b>Land Skills &amp; Open Forum</b><br>Jacqueline Simoneau<br>(Gym 1) | <b>Athlete Highlight Session</b><br>Susan Kemper<br>(Synchro BC Office)                   | <b>Synchro-glyphics</b><br>Madeleine Ramsay<br>(London Room) |  | <b>Let's Talk: The Good, Bad &amp; Ugly</b><br>Jennifer Keith & Elise Cantner<br>(Forum) |
| 11:10am - 11:45am |  |   | <b>Joint Feedback Session</b><br>Christina Demiris & Disa Fladmark<br>(Synchro BC Office) |  |  |  |
| 11:45am - 12:30pm | Lunch  |   |   |  |  |  |
| 12:30pm - 1:30pm  | <b>Water Tech Session</b><br>(Pool)<br><br>Group 1 - T2T Athletes<br>Group 2 - TID Candidates<br>Group 3 - Club Athletes<br>Group 4 - CWG Athletes                   |   |   |  | <b>Physical Literacy &amp; Quality Sport 4U</b><br>Tom Walker<br>(Forum)   |  |
| 1:30pm - 2:30pm   |  |   |   |  | <b>Sport Culture - The Practical Implementation of True Sport &amp; Responsible Coaching Movement</b><br>Jennifer Keith<br>(Forum) |  |
| 2:35pm - 3:30pm   |  |   |   |  |  |  |
| 3:35pm - 5:00pm   | <b>CWG Camp</b><br>3:00-5:00pm<br>(Pool)   |   | <b>Technical Package Review #2</b><br>Jennifer Keith<br>(Calgary A)                       |  | <b>AquaGO!</b><br>Susan Kemper<br>(Calgary B)  |  |
| 5:00 - 5:30 pm    | Health Break   |   |   |  |  |  |
| 5:30 - 9:00 pm    | <b>Awards Celebration &amp; After Party (The Bistro, Forum &amp; Gymnasium)</b><br>5:30pm Awards (Gym), 6:30pm Dinner (Forum & Bistro), 7:30pm Improv & Social (Gym) |   |   |  |  |  |

Sunday, October 14, 2018

| Time              | CWG & T2T Athletes  | Athletes   | Coaches   | Officials   | Club Executives | Parents |
|-------------------|---|--|---|---|-----------------|---------|
| 8:30am - 10:00 am | <b>Tips for High Performance Athletes</b><br>Jacqueline Simoneau<br>(Forum) | <b>An Introduction to Judging</b><br>Lisa Balcombe<br>(Synchro BC Meeting Room)                      | <b>Safe Sport Best Practices</b><br>Jennifer Keith & BCSG Zone 2 Coaches<br>(Synchro BC Office) | <b>Officials Code of Ethics</b><br>Heather Archer<br>(London)                                       |                 |         |
| 10:00am - 10:10am |   |  | Health Break  |   |                 |         |
| 10:10am - 11:10am |   |  | <b>High Performance: The Athlete Perspective</b><br>Jacqueline Simoneau<br>(Forum)              |   |                 |         |
| 11:15am - 12:00pm | <b>T2T Camp</b><br>10:00am-12:00 pm<br>(Pool)                               |  | <b>Observe/Feedback CWG Camp</b><br>(Pool)  | <b>Future of Plan 42</b><br>Lisa Balcombe<br>(Forum)  |                 |         |
| 12:00pm - 1:00pm  | <b>Canada Winter Games Camp</b><br>10:00 am-6:00 pm<br>(Pool)               | Lunch  |   |   |                 |         |
| 1:00pm - 1:45pm   |   | <b>Artistic Strong Implementation</b><br>T2T Athletes & All Coaches<br>Jermaine - Fortius<br>(Forum) |   | <b>Succession Planning &amp; Development Round Table</b><br>C. Demiris & S. Devana<br>(London Room) |                 |         |
| 1:45pm - 3:00pm   |   |  |   |   |                 |         |
| 3-6pm             |   |  |   |   |                 |         |