



GO FOR IT AWARD

(formerly the Harry Jerome Comeback Award)

Recognizing an athlete who competed in synchronized swimming as an individual, duet or team, in the previous season after having suffered an unusual setback (i.e. illness, injury, etc.)

1 ELIGIBILITY CRITERIA

- a) The nominee must have been a member in good standing of Synchro BC during the previous season.
- b) Eligible athletes are those who have resided in British Columbia for the previous season or those who received the majority of their sport development in British Columbia before relocating.

2 SELECTION CRITERIA

- a) Nominees will be judged for their performance in the previous season only.
- b) The Awards Committee will consider the following criteria in order listed below when determining award recipients.
 1. The circumstances that created the setback or extraordinary circumstances for the athlete.
 2. How the athlete faced adversity and overcame challenges.
 3. The athlete's performance (individual or as part of a duet or team) after overcoming their setback and in the following order:
 - a. National Team
 - b. Team BC (Top 12, when applicable)
 - c. Selected to the Talent Identification Top 30
 - d. National Championships (Canadian Espoir Championships, Canadian Open, USports, NAIA competitions or NCAA)
 - e. National Stream Provincial Championships
 - f. Provincial Stream Provincial Championships
 - g. National Stream Regional Championships
 - h. Provincial Stream Regional Championships
- c) Discretion of the Selection Committee.

3 SUBMISSION REQUIREMENTS

- a) Only electronic nominations will be accepted.
- a) Synchro BC and/or its representative Awards Committee reserves the right to seek additional nominations at any time and the right to decline nominations.
- b) Completed nomination forms and citations must be received by Synchro BC by September 1st each year.
- c) Please include a head and shoulders or action photo of the nominee in jpg format with a minimum of 300 pixels per inch by September 1st each year.

4 PREVIOUS AWARD RECIPIENTS

To see a list of previous award recipients, please visit the Synchro BC website.