

## CONDUCT POLICY

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## 1. ALIGNMENT

- 1.1. This Conduct Policy is based on Canada Artistic Swimming's *Conduct Policy*. Synchro BC aims to align its own *Conduct Policy* with the national organization's *Conduct Policy* so that all participants can strive to similar high standards for conduct.
- 1.2. Any variations between this *Conduct Policy* and Canada Artistic Swimming's *Conduct Policy* have been made intentionally by Synchro BC in order to address issues specific to Synchro BC. In such cases as the Canada Artistic Swimming version has been updated with additional information or details not included herein, Synchro BC will defer to the updated version of the CAS Conduct Policy as required and appropriate.

## 2. DEFINITIONS

2.1. The following terms have these meanings in this Policy:

- a) **"CAS"** refer to Canada Artistic Swimming;
- b) **"Club"** means an organization that is responsible for the management and delivery of synchronized swimming and is a registered member of Synchro BC;
- c) **"Coach"** means any person who coaches figures or routines on a regular basis;
- d) **"Confidential Information"** means information known to the Individual by virtue of his or her connection to Synchro BC, whether or not marked "confidential";
- e) **"Family Member"** includes a spouse, partner, natural or adoptive parent, grandparent, child or step-child, sibling, aunt, uncle, nephew or niece, the parents or close relatives of a spouse or partner, people who are in an intimate relationship and people who permanently reside together or are financially dependent on each other;
- f) **"Hazing"** means any potentially humiliating, degrading, abusive, or dangerous activity expected of a junior-ranking athlete by a more senior teammate, which does not contribute to either athlete's positive development, but is required to be accepted as part of a team, regardless of the junior-ranking athlete's willingness to participate. This includes, but is not limited to, any activity, no matter how traditional or seemingly benign, that sets apart or alienates any teammate based on class, number of years on the team, or athletic ability.
- g) **"Inappropriate behaviour"** refer to behaviours that are inappropriate but are of such a nature that it is believed they can be addressed and corrected through additional training, supervision, and monitoring such as telling inappropriate jokes, confiding in an athlete with personal stories, or having unauthorized contact with an athlete outside of synchronized swimming-related duties;
- h) **"Including"** means including but not limited to;
- i) **"Individual"** means all categories of membership as defined in Synchro BC's Bylaws as well as all individuals employed by or engaged in activities with Synchro BC including, but not limited to, athletes, coaches, conveners, officials, volunteers, managers, administrators, committee members, Directors and Officers of Synchro BC, spectators at events, and parents/guardians of athletes

- j) **"Interested Individual"** means an Individual with a conflict of interest;
- k) **"Member"** means any club or affiliated group and/or its registrants or an individual registered with Synchro BC;
- l) **"Minor athletes"** refers to athletes under 18 years of age;
- m) **"Officials"** means judges including practice judges, referees and scorers;
- n) **"Parents"** refers to parents or guardians;
- o) **"Person in Leadership"** means the Executive Director or any member of the Synchro BC Board of Directors;
- p) **"President"** refers to the President of Synchro BC;
- q) **"Registrant"** means any club or individual that has fulfilled the requirements of registration as required by Synchro BC and/or CAS and has paid any associated registration fees to Synchro BC and/or CAS.
- r) **"Related Party"** includes a Family Member, Coach or Team Manager or a private corporation controlled by any of these individuals;
- s) **"Significant contractor"** refers to contractors who are committed to 10 days or more per month for a period of more than 3-months;
- t) **"Synchro BC Activity"** means all business and activities over which Synchro BC has jurisdiction;
- u) **"Team Manager"** means a manager responsible for handling the business matters of the team or club, including managing the budget, organizing promotional events, hiring coaches and negotiating contracts, and all persons with a direct or indirect financial interest in the team or club;
- v) **"Unlawful Behaviour"** refers behaviours that are criminal or that breach child welfare or related legislation, and include such things as child abuse, sexual assault, sexual interference, invitation to sexual touching, sexual exploitation, procurement, luring, child pornography offenses, corrupting morals, indecent acts, voyeurism, etc.;
- w) **"Vulnerable person"** refer to persons who, because of age, disability, or other circumstances, whether temporary or permanent, are in a position of dependence on others or are otherwise at a greater risk than the general population of being harmed by a person in a position of authority or trust relative to them including children, youth and people with physical, developmental, or other disabilities.
- x) **"Workplace"** - Any place where business or work-related activities are conducted. Workplaces include but are not limited to, Synchro BC's office, work-related social functions, work assignments outside Synchro BC's offices, work-related travel, and work-related conferences or training sessions

### 3. APPLICATION

3.1. This Policy applies to all Individuals. Individuals include:

- a) All Synchro BC members or registrants;
- b) Synchro BC directors, officers, committee members, and volunteers;
- c) Synchro BC employees and persons under contract with Synchro BC;
- d) All athletes eligible for selection to, or forming part of, any team participating in competitions or events over which Synchro BC has jurisdiction; and
- e) All persons working with those teams or athletes, including coaches, medical and paramedical personnel and other support persons;

3.2. This Policy applies at all times, wherever the Synchro BC Activity takes place, which includes the Synchro BC offices as well as external locations in BC, Canada, and abroad and includes all activities over which Synchro BC has jurisdiction. Synchro BC Activity includes:

- a) Meetings of the Synchro BC board of directors and all Synchro BC committee or coach meetings;
- b) Synchro BC Annual Meetings, Special Meetings or Synchro BC hosted conferences or clinics;
- c) Participation in national or international competitions including related training and organized group travel;
- d) All Synchro BC hosted or sanctioned meets; and
- e) All Synchro BC hosted selection and assessment processes and regular training or practice time, whether inside or outside BC.

3.3. This Code also applies to Individuals' conduct outside of Synchro BC's business, activities, and events when such conduct adversely affects relationships within Synchro BC (and its work and sport environment) and is detrimental to the image and reputation of Synchro BC. Such applicability will be determined by Synchro BC at its sole discretion.

### 4. VIOLATIONS OF THIS POLICY

4.1. An Individual who violates this Code may be subject to sanctions pursuant to Synchro BC's *Discipline and Complaints Policy*. In addition to facing possible sanction pursuant to Synchro BC's *Discipline and Complaints Policy*, an Individual who violates this Code during a competition may be ejected from the competition or the playing area, the official may delay the competition until the Individual complies with the ejection, and the Individual may be subject to any additional discipline associated with the particular competition.

## 5. POLICY AND PURPOSE

5.1. In all matters involving or impacting Synchro BC, and where they are seen to be representing Synchro BC, Individuals are expected to conduct themselves, with integrity and in a manner that is consistent with Synchro BC's values and the highest standards of behaviour upon which Synchro BC's image and reputation rests. To this end, Individuals will:

- a) Acquaint themselves with Synchro BC's mission, vision, values and policies and behave accordingly;
- b) Acquaint themselves with the True Sport Principles and Responsible Coaching Movement and how they apply to creating a positive, safe and welcoming sport environment, and to behave accordingly;
- c) Not participate in, condone, or engage in dishonesty, fraud, deceit, misrepresentation or illegal activities;
- d) Adhere to all federal, provincial, municipal and host country laws;
- e) Act, when appropriate, to correct or prevent practices that are unjust, discriminatory or otherwise in contravention of this Policy;
- f) Cooperate with internal or external investigations of concerns of possible misconduct by providing honest, accurate, complete and timely information;
- g) Act in a responsible manner in relation to the media and content of personal websites and information posted on social media sites including, but not limited to, Facebook, Twitter, Instagram, Snapchat and YouTube;
- h) Provide a healthy and safe work and sport environment for all Individuals;
- i) Adhere to Synchro BC's policies for screening;
- j) Complete the Respect in Sport Training Program if required by Synchro BC; and
- k) Comply with Synchro BC and CAS's policies and rules.

5.2. The purpose of this *Conduct Policy* is to foster a positive, safe and respectful work and sport environment where:

- a) Synchro BC values and expected standards of behaviour are understood, communicated and lived by all Individuals;
- b) There is adherence to all applicable laws, regardless of where the Synchro BC Activity takes place; and
- c) The conduct of Individuals is ethical, transparent and fosters confidence in the integrity of Synchro BC.

5.3. The purpose of this Policy is also:

- a) To define certain behaviour that is not permitted so that it is known to Individuals and avoided;
- b) To ensure the decisions and actions of Individuals are consistent with Synchro BC's vision and values.

## 6. SYNCHRO BC'S COMMITMENT TO NON-RETALIATION

- 6.1. Individuals are expected to raise any concerns about behaviour, to report any misconduct and to work together to ensure a positive, safe, and respectful work and sport environment. There will be no retaliation for speaking up and making a truthful report of actual or possible misconduct, for participating in an investigation, or for exercising an Individual's legal rights.
- 6.2. It is a violation of this Policy if an Individual knows of misconduct but takes no action to intervene on behalf of the athlete, employee, volunteer, or other Individual. Failure to report such misconduct may result in disciplinary action.

## 7. BEHAVIOUR EXPECTATIONS AND STANDARDS

### 7.1. ANTI-DOPING

- 7.1.1. Synchro BC supports the Canada Artistic Swimming adoption of the Canadian Anti-Doping Program. Synchro BC strictly prohibits the use of restricted drugs or performance-enhancing drugs and methods. Synchro BC is also opposed to the use of nutritional supplements and discourages their use by athletes. All Individuals have a responsibility to:
  - a) Respect any penalty enacted pursuant to a breach of the Canadian Anti-Doping Program, whether imposed by Synchro BC, Canada Artistic Swimming, or any other sport organization; and
  - b) Refrain from associating with any person for the purpose of coaching, training, competition, instruction, administration, management, athletic development, or supervision of the sport, who has incurred an anti-doping rule violation and is serving a sanction involving a period of ineligibility imposed pursuant to the Canadian Anti-Doping Program or the World Anti-Doping Code and recognized by the Canadian Centre for Ethics in Sport.

### 7.2. CONFIDENTIALITY

- 7.2.1. During the course of working or volunteering with Synchro BC, individuals will have access to Confidential Information. Confidential Information includes:
  - a) Personal information about Individuals as defined in the Synchro BC *Privacy Policy*;
  - b) Information that is not known or available to the Individual on a non-confidential basis prior to its disclosure to the Individual including financial information, strategic plans, intellectual property, and information related to the programs, business or affairs of Synchro BC or any Individual; and
  - c) Information that is not known or available to the general public other than as a result of disclosure by the Individual.

- 7.2.2. Every Individual has a duty to take reasonable steps to secure Confidential Information and to not disclose such Confidential Information, including once the Individual ceases to work, provide services, or volunteer for Synchro BC. An Individual must not use information that is gained due to his or her relationship with Synchro BC for personal profit, or in order to further any personal, private or public interest.
- 7.2.3. Any intentional or negligent disclosure of Confidential Information to persons who the Individual knew, or ought to have known, should not have not received the Confidential Information, or misuse, may result in sanctions under Synchro BC's *Discipline and Complaints Policy*.

### **7.3. CONFLICT OF INTEREST**

- 7.3.1. All Individuals are obligated to act in the best interests of Synchro BC and to avoid conflicts of interest. Individuals must avoid situations where their personal interests or the personal interests of their Related Parties could interfere or may conflict, directly or indirectly, with their obligations to Synchro BC.
- 7.3.2. Even if an Individual does not have an actual conflict of interest, if other people perceive one, they may still be concerned that the Individual cannot act properly. For this reason, it is important to avoid the appearance of a conflict, as well as an actual one. Being seen or thought to be in a conflict of interest can damage the reputation of the Individual, and the reputation of Synchro BC.
- 7.3.3. Conflicts of interest may arise in situations involving:
- a) An interest, either real or perceived, that benefits the Individual or a Related Party including where:
    - A pecuniary interest is derived;
    - Preferential treatment is given;
    - There is interference in the decision-making process; or
    - Personal advantage of any kind may be derived;
  - b) Outside organizations with which the Individual has an official governing responsibility, or which employ the Individual or a Related Party;
  - c) The Individual has a financial interest in another organization doing business with Synchro BC; or
  - d) Real or perceived potential to compromise the best interests of Synchro BC.

#### 7.3.4. Managing Conflicts of Interest

- 7.3.4.1. This Policy does not identify or prohibit conflicts of interest but provides a basis to manage such situations as they arise. Conflicts of interest cannot always be avoided.
- 7.3.4.2. If an Individual finds himself or herself in a conflict of interest or a situation where he or she believes that others may perceive them to be in a position of conflict, the Individual must declare the conflict immediately so that action can be taken to resolve the situation. This is the best way for interested Individuals to protect themselves and their reputation for honesty, fairness and objectivity.

#### 7.3.5. Declaring a Conflict of Interest

- 7.3.5.1. Individuals can take one of these steps to declare a conflict of interest:
  - a) Verbally report the conflict of interest to the Executive Director or President or to the directors or committee members at a board of directors or committee meeting; or
  - b) Disclose the conflict of interest in writing by sending a letter to the Executive Director or President;
  - c) In the case of officials, disclose the conflict of interest in writing by sending a letter to the Chair of the Officials Committee.

#### 7.3.6 Managing Conflicts in Decision-making

- 7.3.6.1 Decisions or transactions that involve a real or perceived conflict of interest that have been disclosed by the Interested Individual may be considered and decided upon provided that:
  - a) The nature and extent of the conflict of interest has been disclosed fully to the body that is considering or making the decision, and this disclosure and how it was managed is recorded in the minutes;
  - b) The Interested Individual is not included in the determination of quorum for the proposed decision or transaction; and
  - c) The Interested Individual abstains from voting on the proposed decision or transaction and may be asked to recuse him/herself from the meeting.
- 7.3.6.2 Minor conflicts of interest can be managed simply by disclosing them. If the Executive Director or the President or the other directors or committee members at a board of directors or committee meeting agree unanimously that the conflict is minor, the Interested Individual can continue to participate in the decision.
- 7.3.6.3 More serious conflicts will require the Interested Individual to temporarily recuse him or herself from meetings and to not participate in any formal discussion on the matter giving rise to the conflict of interest. The Interested Individual must not



attempt to learn about, provide information or otherwise influence the discussion or voting on a decision or transaction, either formally at a board or committee meeting or informally through private contact, communication or discussion, except as provided below:

- a) On the unanimous request of the body that is considering or making the decision, the Interested Individual may present information or respond to questions relating to the decision or transaction.

7.3.6.4 To avoid the appearance that Synchro BC is giving Interested Individuals an advantage, the body that is considering or making the decision must:

- a) If applicable, ensure that alternate bids or estimates have been obtained; and
- b) Determine by a majority vote that the transaction is fair and reasonable and in Synchro BC's best interest.

7.3.6.5 In situations where an Individual's objectivity and ability to carry out his or her duties and responsibilities with Synchro BC are hindered by ongoing conflicts of interest, the Individual should offer to resign from their position.

### 7.3.7 Recognizing When Others are in Conflict

7.3.7.1 When an Individual believes that another Individual has an actual or perceived conflict of interest that has not been declared, he or she has an opportunity to inform the Executive Director or the President or the directors or committee members at a board of directors or committee meeting, as appropriate, of the potential conflict of interest.

### 7.3.8 Benefits, Entertainment and Gifts

7.3.8.1 Individuals must not solicit or accept benefits, entertainment or gifts (collectively "Gifts") in exchange for or as a condition of the exercise of their duties, or as an inducement for performing an act associated with their duties or responsibilities with Synchro BC. Similarly, Individuals must not give away Gifts on behalf of Synchro BC in exchange for, or as a condition of, any benefit for Synchro BC or the Individual.

7.3.8.2 It is the responsibility of the Individual to ensure that a gift, whether received or to be given, is proper. If in doubt, the Individual should consult with their immediate supervisor or a Person in Leadership.

### 7.3.9 Outside Business Activity

7.3.9.1 A Synchro BC employee or person under contract with Synchro BC may undertake an outside business activity if there is no conflict of interest and if the satisfactory performance of the employee or contractor's job functions with Synchro BC is not

prejudiced in any way. Such activities include an outside business interest, directorship or outside employment. In addition, the following rules apply:

- a) The Synchro BC employee or contractor should not engage in any activity likely to compromise Synchro BC's reputation;
- b) The Synchro BC employee or contractor should not conduct outside business on Synchro BC time or use Synchro BC information, equipment or facilities to conduct an outside business interest. This includes soliciting other Individuals to participate in an outside business activity; and
- c) Before taking on or continuing an outside business interest or committing to a job outside Synchro BC, this should be discussed with the President or Executive Director to be sure these activities do not create a conflict or the appearance of a conflict.

#### 7.3.10 Officials

7.3.10.1 When possible, officials will not be selected for events or competitions where they have a conflict of interest. When Officials with a conflict of interest are selected for events, the conflict must be declared to the Chief Referee in advance of the event.

7.3.10.2 The following categories of people are deemed to have a conflict of interest:

- a) A Family Member of a competitor;
- b) A current Coach of a competitor or a Family Member of a Coach of a competitor;
- c) A Team Manager of a competitor or a Family Member of a Team Manager of a competitor; and
- d) A member of the Board of a competitor's club, or a Family Member of a member of the Board of a competitor's club.

#### 7.3.11 Board and Committee Members

7.3.11.1 Synchro BC board and committee members must not allow their loyalty to Synchro BC to be compromised by their relationship to or involvement in another organization.

7.3.11.2 Synchro BC board and committee members are also subject to prohibitions, as follows:

- a) Paid employees or significant contractors of Synchro BC may not be elected as Directors;
- b) Paid employees or significant contractors of Canada Artistic Swimming may not be elected as Directors.

7.3.11.3 Synchro BC board and committee members must acquaint themselves with the Synchro BC By-laws and sign any related certification. Synchro BC board and committee members may not be remunerated for their services or obtain loans from Synchro BC. Any and all remuneration, compensation or expense reimbursement shall be in accordance with Synchro BC Bylaws.

#### 7.3.12 Preferential Treatment

7.3.12.1 Individuals must not act in their official roles with Synchro BC to assist organizations or persons in their dealings with Synchro BC, if this may result in, or potentially appear to result in, preferential treatment to that organization or person.

#### 7.3.13 Violations of This Policy

7.3.13.1 Any failure by Individuals to disclose actual or possible conflicts of interest may result in sanctions under Synchro BC's *Discipline and Complaints Policy*.

### **7.4 FAIR PLAY**

7.4.6 Synchro BC is committed to a sport and work environment that provides equitable opportunities and access and treats all individuals with respect and fairness.

7.4.7 By making sure that the rules, coaches, officials, and participants are respected at all times, Synchro BC gives all members an equal chance to develop and test their skills.

7.4.8 Synchro BC encourages the prompt reporting of all incidents that are not in support of fair play.

7.4.9 Fair Play is defined by:

- a) Respect for the rules, officials and their decisions, other participants and volunteers and encouraging others to respect the spirit of the sport.
- b) Fairness by ensuring everyone has an equal chance to participate and playing honestly – obey both the letter and spirit of the rules. Winning is only meaningful when competition is fair.
- c) Integrity demonstrated in leading by example, maintaining a positive attitude both on and off the field of play, and helping athletes develop a positive self-image. Win with dignity and lose with grace.

## **8 EQUITY AND INCLUSION**

8.3 Synchro BC is committed to equity, diversity and inclusion in all of its activities. All Individuals share a responsibility to provide a sport and work environment that fosters these values and will ensure that they are key considerations when setting policies and developing, updating or delivering their programs.

## **9 DISCRIMINATION, HARASSMENT AND VIOLENCE**

All Individuals are expected to support a work and sport environment that fosters respect and promotes everyone's dignity and self-esteem. Synchro BC recognizes that discrimination, harassment, bullying and violence can poison the work and sport environment, not only for the group targeted, but for many other Individuals. All Individuals must recognize that it is the impact of the behaviour on a recipient that is paramount, not the intent of the individual who engages in the perceived offending behaviour. Synchro BC is committed to creating and maintaining a work and sport environment that is free from discrimination, harassment, sexual harassment, bullying and violence, and in which all persons are treated fairly and with respect.

### **9.1 DISCRIMINATION**

9.1.1 Discrimination means any action, behaviour or attitude that negatively affects the employment, performance, or volunteer activities of an individual, where such actions, behaviour, or attitude is based on a prohibited ground of discrimination under applicable human rights law, including race, colour, religion, sexual orientation, disability, or age. Discrimination can take place without any intent to do harm and can be based on a person's real or perceived characteristics.

9.1.2 This policy also applies to any other ground of discrimination prohibited by applicable law. Examples of discrimination include:

- a) Making stereotypical assumptions including making someone more or less worthy as a person on the basis of race, colour, religion, sexual orientation, gender expression, gender identity, disability, age, or other characteristics described in applicable human rights legislation; or
- b) Imposing burdens or withholding or limiting access to opportunities, benefits, and advantages available to others, in a way that cannot be justified.

### **9.2 HARASSMENT**

9.2.1 Harassment is a form of discrimination, and refers to conduct, comment, or display that is known, or ought reasonably to be known, to be unwelcome and where the wrongful conduct may be linked to things like the person's race, colour, religion, sexual orientation, disability, age, or body type. Harassment includes bullying and can take many forms but often involves conduct, comment, or display that is insulting, intimidating, humiliating, hurtful, demeaning, belittling, malicious, degrading, or otherwise causes offence, discomfort, or personal humiliation or embarrassment to a person or group of persons. One incident could be enough to constitute harassment.

9.2.2 Harassment does not include:

- a) Interpersonal conflict or disagreement; or

- b) The proper exercise of performance evaluation, appropriate managerial direction, delegation, performance management, or attendance management.

9.2.3 Specific categories of Harassment include personal harassment, bullying and sexual harassment.

9.2.3.1 Personal Harassment

Personal harassment is wrongful conduct directed toward an individual that the perpetrator knew, or ought reasonably to have known, would be unwelcome. This behaviour is not necessarily linked to the prohibited grounds of discrimination.

Examples of personal harassment include:

- a) Belittling jokes, insults, name-calling, inappropriate teasing, taunting, or condescension that undermines self-esteem, diminishes performance, or creates a hostile sport or work environment;
- b) Written or verbal abuse, threats, or outbursts;
- c) Practical jokes that cause awkwardness or embarrassment, endanger a person's safety, or negatively affect performance;
- d) Ignoring someone for extended periods of time or routinely or arbitrarily excluding them from practice;
- e) Any form of hazing; and
- f) The display or distribution of visual or audio material that is offensive, or that one ought to know is offensive in the circumstances.

9.2.3.2 Bullying

Bullying is unwanted verbal, physical or social behaviour directed to harming, intimidating, humiliating, or controlling inappropriately another person. Bullying usually involves repeated incidents or a pattern of behaviour and a real or perceived power imbalance.

Examples of bullying include:

- a) Name-calling, inappropriate teasing, or spreading rumours, gossip, or innuendo;
- b) Excluding or isolating someone socially or embarrassing someone in public;
- c) Intimidating a person or physically abusing or threatening abuse;
- d) Withholding necessary information or purposefully giving the wrong information;
- e) Damaging, destroying, or stealing personal belongings; and
- f) Using the internet, social media, or text messaging to intimidate, put-down, spread rumours, or make fun of someone.

9.2.3.3 Sexual Harassment

Sexual harassment is engaging in comments or behaviour of a sexual nature such as unwelcome sexual invitations or requests, unwanted physical contact such as touching or kissing, or innuendo or taunting about a person's body type, physical appearance or sexual orientation, gender identity, or gender expression. Sexual harassment is also making sexual

invitations or requests where the person making the invitation or request is in a position to confer, grant or deny a benefit or advancement and the person knows or ought reasonably to know that the invitation or request is unwelcome.

### **9.3 VIOLENCE**

Violence is any actual, attempted, or threatened conduct of a person that causes or is likely to cause physical or psychological harm, injury, or illness or that gives a person reason to believe that he or she or another person is at risk of physical or psychological harm, injury, or illness. Synchro BC is committed to the prevention of violence and to providing a safe and respectful work and sport environment. Synchro BC will not tolerate any type of violent behaviour within Synchro BC offices or at Synchro BC Activities.

## **10 DRUGS, ALCOHOL, CANNABIS, TOBACCO AND E-SMOKING PRODUCTS**

Individuals must never provide, promote, condone, or ignore substance abuse, the non-medical use of drugs or the use of performance enhancing drugs or methods and, in the case of minors, alcohol, cannabis, tobacco, or e-smoking products. Individuals will refrain from consumption of alcohol, cannabis, tobacco, or e-smoking products while engaged in a Synchro BC Activity where minors are present, except for approved adult-oriented social situations associated with Synchro BC events. Individuals will exercise moderation when consuming alcohol products in adult-oriented social situations associated with Synchro BC events.

## **11 INTIMATE OR SEXUAL RELATIONSHIPS**

Individuals must not engage in an inappropriate, intimate, or sexual relationship with an individual when in a position of power, trust, or authority over the individual, even if all parties are consenting adults.

## **12 SOCIAL MEDIA**

Individuals are expected to act in a responsible manner in relation to the content of personal websites and information communicated and shared on blogs and over social media. Individuals will:

- a) Acquaint themselves with Synchro BC's mission, vision, values and policies and behave accordingly;
- b) Protect their privacy and take care to understand the social media site's privacy settings and terms of service;
- c) Take reasonable steps to secure Confidential Information and to not disclose such information;
- d) Maintain a clear distinction between personal and professional social media use including having two separate accounts for these purposes when required;

- e) Ensure that all content is appropriate for viewing by minor athletes;
- f) Refrain from posting images or content related to drugs, alcohol or tobacco use; and
- g) Keep their posts positive and not engage in bullying or negative or critical conversations online.

## **13 CHILD PROTECTION**

Individuals are required to report inappropriate behaviour to their member Club and/or Synchro BC. Matters of an inappropriate nature must be formally managed but may be managed internally in that Synchro BC or the member Club will determine if the behaviour is inappropriate and how it is to be addressed.

Unlawful behaviours must be reported to the child welfare agency and/or law enforcement for investigation.

## **14 SPECIFIC BEHAVIOUR EXPECTATIONS AND STANDARDS**

In addition to the previous sections of this *Conduct Policy*, there are certain behaviour expectations and standards that apply to specific categories of Individuals, as follows:

### **14.1 ATHLETES**

Athletes engaged in Synchro BC Activity shall:

- a) Strive for personal and team achievement through complete, consistent and sincere effort;
- b) Show respect for themselves and for all others;
- c) Contribute to a positive team culture by providing positive and constructive comments to teammates that motivate and encourage continued effort;
- d) Recognize that any bullying behaviour will not be tolerated and let their coach or a Person in Leadership know immediately if they have witnessed bullying behaviour or have been the victim of bullying;
- e) Immediately report to their coach any health or medical issue that may prevent or limit their ability to train, travel or compete and, in the case of carded athletes, their ability to fulfill the carding requirements;
- f) Only participate in competitions for which they are eligible to compete;
- g) Arrive for each practice, competition, selections or other Synchro BC Activity on time, with all appropriate gear, well-nourished and prepared to the best of their ability;
- h) Conduct themselves in a sportsmanlike manner, whether as competitors or spectators, and not tolerate anyone among them who does not;
- i) Never consume alcohol, cannabis, tobacco, or e-smoking products as a minor or while participating in a Synchro BC Activity;
- j) Where applicable, adhere to the Synchro BC Athlete Agreement, its requirements and expectations; and
- k) Comply with Synchro BC's rules and requirements regarding clothing, equipment, training, travel, competition and curfew.

#### **14.2 BOARD AND COMMITTEE MEMBERS**

Synchro BC directors, officers and committee members shall:

- a) Be responsible first and foremost to the welfare of Synchro BC and function primarily as a member of the board or committee, not as a member of any particular constituency;
- b) Conduct themselves openly, professionally, lawfully and in good faith in a way that is aligned with and enforces Synchro BC's values and ethical standards;
- c) Exercise due diligence in holding their fiduciary responsibility to Individuals;
- d) Promote an appropriate culture that emphasizes the fair handling of conflicts of interest;
- e) Ensure that all directors, officers, and committee members are given sufficient opportunity to express opinions and that all opinions are given due consideration and weight;
- f) Respect the decisions of the majority and resign if unable to do so;
- g) Commit the time to attend meetings and to be diligent in their preparation for and participation in discussions; and
- h) Have a thorough knowledge and understanding of all Synchro BC's governing by-laws, policies, and rules;
- i) Promote a culture that values complaints and their effective resolution.

#### **14.3 COACHES**

Coaches engaged in Synchro BC Activity shall:

- a) Demonstrate responsible leadership and adhere to the NCCP Code of Ethics;
- b) Fulfill the certification and training requirements established in Synchro BC's Coach Certification Policy;
- c) Act in the best interest of the athlete's development as a whole person and in alignment with the True Sport Principles;
- d) Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability, and fitness level of the involved athletes, and educating athletes as to their responsibilities in contributing to a safe environment;
- e) Work cooperatively with sport medical professionals in the diagnosis, treatment, and management of athletes' medical and psychological treatments;
- f) Never encourage or permit an athlete to return to play prematurely or without the clearance of a medical professional following a serious injury;
- g) Accept and promote athletes' personal goals and refer athletes to other coaches and sports specialists as appropriate and as opportunities arise;
- h) Never withhold information or take any action that could inappropriately influence athlete decision-making about participation in national or provincial team or other training programs;
- i) Support the coaching staff of any training camp or provincial or national team training program should an athlete qualify for participation in one of these programs;
- j) Not use their position as a coach to solicit athletes (or the Parents of minor athletes) unless first receiving approval from the coaches who are responsible for the athlete;
- k) Provide athletes and the Parents of minor athletes with the information required to be involved in the decisions that affect the athlete;



- l) Exemplify conduct they wish their athletes to adopt in dress and behaviour;
- m) Maintain professional boundaries with athletes and refrain from interacting with minor athletes on social media other than through a distinct professional account;
- n) Ensure all online dialogue and interactions with minor athletes are for synchro-related purposes only;
- o) Ensure their athletes understand that discrimination, harassment, bullying, and violence will not be tolerated, and create a culture of disclosure and reporting at the athlete level;
- p) Use inoffensive language and refrain from yelling at athletes in a manner that serves no productive training or motivational purpose;
- q) Not criticize other coaches publicly and interact in a professional manner; and
- r) Comply with Synchro BC's rules and requirements regarding dress code.

#### **14.4 OFFICIALS**

Officials engaged in Synchro BC Activity shall:

- a) Accept an assignment to officiate at a competition or event only if they intend to honour that commitment, and let the appropriate person know as soon as possible if, for any reason, they are unable to attend;
- b) Conduct themselves openly, professionally, impartially, and in good faith in all officiating activities;
- c) Avoid endorsing or posting information about an athlete, coach, or other individuals that may suggest a preferential relationship or give the appearance of a conflict of interest;
- d) Declare a conflict of interest where applicable and refrain from officiating in situations where the perception of a conflict of interest may be present;
- e) Make independent judgments;
- f) Commit to understanding and practicing their role as judge, referee, scorer, or other official and act appropriately within that role;
- g) Maintain technical knowledge of synchronized swimming and all current rules and rule changes;
- h) Be accountable for decisions made while officiating;
- i) Share technical knowledge and experience of synchronized swimming with athletes, parents, coaches, meet managers, volunteers, Synchro BC employees, and other officials to enhance the development of the sport;
- j) Not criticize other officials publicly and interact in a professional manner;
- k) Comply with Synchro BC's rules and requirements regarding dress code; and
- l) Not use their position as an official or affiliation with a member Club to solicit athletes (or the Parents of minor athletes) unless first receiving approval from the coaches who are responsible for the athlete.

#### **14.5 PARENTS AND SPECTATORS**

Parents or spectators engaged in Synchro BC Activity shall:

- a) Never ridicule an athlete for making a mistake during a performance or practice and provide positive comments that motivate and encourage all athletes' continued effort;
- b) Respect the decisions and judgments of officials and encourage athletes to do the same;

- c) Respect and show appreciation to all competitors and to the coaches, officials, meet managers, volunteers and other Individuals who give their time to the sport of synchronized swimming;
- d) Refrain from the use of bad language, and not interfere with events or harass competitors, coaches, officials, meet managers, volunteers, or other parents or spectators; and
- e) Not solicit athletes (or the Parents of minor athletes) unless first receiving approval from the coaches who are responsible for the athlete.

#### **14.6 PERSONS IN LEADERSHIP**

Persons in Leadership shall:

- a) Promote awareness and understanding of Synchro BC values and this *Conduct Policy*;
- b) Consider equity, diversity and inclusion when setting policies and developing, updating or delivering Synchro BC programs;
- c) Act as a role model through their behaviour, action and words and encourage and motivate other Individuals to do the same;
- d) Build trust of Synchro BC employees, athletes and other Individuals by listening to and understanding their interests and needs;
- e) Instill an atmosphere of collaboration;
- f) Not use their position to solicit athletes (or the Parents of minor athletes) unless first receiving approval from the coaches who are responsible for the athlete;
- g) Maintain an environment where everyone feels comfortable asking questions and raising concerns; and
- h) Assist people to make a complaint, if needed;
- i) Ensure that any possible or actual misconduct is investigated promptly and thoroughly, as appropriate;
- j) Advise the Synchro BC Executive Director immediately of any situation where a complainant has publicized a complaint in the media;
- k) Impose appropriate disciplinary or corrective measures when misconduct has been substantiated, regardless of the position or authority of the offender; and
- l) Provide Synchro BC's Executive Director with a copy of a report on the outcome of any investigation into harassment or violence.

#### **14.7 CLUBS**

Clubs registered with Synchro BC shall:

- a) Adhere to all Synchro BC's governing by-laws, policies and rules and, where necessary, amend their own rules to comply with those of Synchro BC;
- b) Recognize that their websites, blogs, and social media accounts are seen as extensions of Synchro BC and must reflect Synchro BC's mission, vision and values;
- c) Ensure that all athletes and coaches participating in Synchro BC sanctioned competitions and events are registered and in good standing;
- d) Not solicit athletes (or the Parents of minor athletes) unless first receiving approval from the coaches who are responsible for the athlete; and

- e) Ensure that all coaches and other individuals participating in Synchro BC Activity have completed any screening requirements as required by Synchro BC;
- f) Promote a culture that values complaints and their effective resolution;
- g) Ensure that any possible or actual misconduct is investigated promptly and thoroughly, as appropriate;
- h) Advise the Synchro BC Executive Director immediately of any situation where a complainant has publicized a complaint in the media;
- i) Impose appropriate disciplinary or corrective measures when misconduct has been substantiated, regardless of the position or authority of the offender; and
- j) Provide Synchro BC's Executive Director with a copy of a report on the outcome of any investigation into harassment or violence.

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